



NEW ZEALAND  
**NURSES**  
ORGANISATION

TŌPŪTANGA  
**TAPUHI**  
KAITIAKI O AOTEAROA

## Top of the South Regional Council Newsletter March 2021

**NZNO National Office  
Membership Support Centre**  
**Phone: 0800 28 38 48**  
[www.nzno.org.nz](http://www.nzno.org.nz)

**The NZNO Nelson Office**  
Ground floor, Monro Building  
190 Bridge Street, Nelson  
PO Box 1195, Nelson.

**Organiser:**  
Denise McGurk  
Phone: 0800 28 38 48

**Organiser:**  
Shannyn Hunter  
Phone: 0800 28 38 48

**Regional administrator:**  
Abby Wilmott  
Office: 03 546 7217  
Hours: Mon-Fri 8.30am-2pm  
Email: [Abby.wilmott@nzno.org.nz](mailto:Abby.wilmott@nzno.org.nz)

**Regional Council chairperson:**  
Joan Knight  
Email: [joan.knight@nmhs.govt.nz](mailto:joan.knight@nmhs.govt.nz)

**Membership Committee  
representative:**

**Te Rūnanga representative:**

**NSU representative:**

**NSU Te Runanga Taurira  
representative:**

**NZNO 101**

Who are we?  
....and what can we do for you?

[www.nzno.org.nz](http://www.nzno.org.nz)

### TOP OF THE SOUTH ANNUAL DINNER FORUM INVITATION

Theme: "Nurses a Voice to Lead – A Vision for Future Healthcare"

**Have you registered for the 2021  
Regional Convention?**  
<http://bit.ly/TOTS21>

Ko tāku Manawa  
Te Runanga o  
Aotearoa NZNO

### Grants, Scholarships & Funding

Contact the Regional Administrator, Phone 546 7217 or visit [www.nzno.org](http://www.nzno.org) for more information about how to access funds to attend conferences and/or other training opportunities.

## Regional Chair Report - Joan Knight

### NZNO 101 11/3/21

The forum calendared for 24/02/21 has been cancelled. We are now presenting the forum on 11/03/21 face to face in the NZNO Training Room with Zoom access throughout the region.

This is your opportunity to meet with your organisers and regional council to learn about NZNO -the benefits of membership, how you can participate, what services are available for you, and the way NZNO works.

Many members are only aware of the indemnity insurance and collective agreements when there is so much more on offer.

We moved this forum and our AGM occurring earlier in the day from Wairau as we have no council representation there now and we had to look at how we can reach as many members within the resources we have available.

### Grants and Scholarships

Are you undertaking further education and finding funding difficult? NZNO, nationally, and regional councils, locally, have grants and scholarships to assist members. Please see the NZNO website and front page of this newsletter for access to information and application forms for these funds.

**Please note the Florence Nightingale Fund closes 31<sup>st</sup> March each year.** Don't miss out for 2021 -look up website now!

### Top of the South Annual Dinner Forum 3/5/21

The venue for this event will again be the Honest Lawyer, Point Road, Monaco Stoke, 5:45 to 9pm 3/5/21. Registration flyer has been sent to all members and is included at back of newsletter. This event incorporates our celebration of International Nurses Day. Top of the South will be presenting our inaugural Regional Awards at this event (see below for details). Agenda and menu options will be forwarded once confirmed.

## Top of the South Regional Convention 4/5/21

We return to a revamped Beachside Conference Centre this year. Registration will open at 0800 with convention starting at 0830. We have extended the nibbles and refreshment time after convention closes at 1630 till 1800. This is to provide more time for members and delegates to connect as well as ensure you are starting out for home refreshed.

Please register early. If you are requesting EREL (Employment Related Education Leave) or PDL (Professional development Leave) from work please apply to your manager as well for rostering purposes. NZNO inform the Human Resources department of your employer of all those registered for whom EREL applies however often rosters are completed prior to this time frame. All requests for EREL must be in by 26/03/21.

We are planning this event face to face but in the event of being unable to do so we are looking into other options if feasible.

### NZNO Top of the South Regional Awards

This is your opportunity to acknowledge those within our region who have contributed to further the work of NZNO and assisted their colleagues industrially and professionally or those whose actions have made a difference to nursing or midwifery care, improved the occupational health, welfare or practice environment of nurses or midwives.

Council is delighted that we will be presenting the inaugural awards at our Annual Dinner Forum on 03/05/21.

Nominations, which close on 02/04/21, can be made by members – please see attached Award nomination information or contact administrator Abby Wilmott (Abby.wilmott@nzno.org.nz)

### Covid Levels Impact

Once again, we are seeing another impact of this virus on all our lives. We will be endeavouring to deliver as per our calendared plan though you will have seen this has already had changes.

## Workloads and shortages

We are seeing the increases in workloads and staff fatigue as we all deal with staffing and equipment shortages. The difficulty in attracting new staff to fill vacancies, especially when our borders are closed, impacts us all wherever we work.

We see the increased acuity of those presenting to hospitals and community services, which had been predicted but with surgery postponements, effect on mental and physical health, reduced access and even reluctance to access healthcare, this appears to be coming faster and harder.

We want to acknowledge the efforts of all our members working tirelessly out there in the motu trying to keep our communities safe and well.

Please just remember to ensure you have time to recharge your batteries and keep yourselves safe and well too.

## Representation on Council

Over the summer break we received Luke Wigram's resignation. Luke has moved to the West Coast DHB. We thank Luke for his service on Top of south regional council and as an NMDHB workplace delegate for ophthalmology across the district and wish him well for the future. Luke had been a delegate in Canterbury before he moved to NMDHB so we expect it won't be long before we see him in a representative role on the Coast.

### Top of the South Regional Council Members:

Joan Knight (Chair), Carolyn Hannah, Maria Briggs, and Rebecca McKegg.

If you wish to contact your regional council please phone/email Abby Wilmott, Regional Administrator 5467217.

## MEMBER SUPPORT CENTRE

### 0800 28 38 48

Remember this is the one-stop shop, so to speak, for any queries about NZNO, professional practice, and industrial advice. Please ensure you also update NZNO when any of your details change, for example your name, your contact details, or your workplace.

## Calendar 2021-22

Please see back of newsletter for calendar. Events will be face to face with the opportunity to link via zoom or alternative electronic means for some events.

## Local leaders \_ who are we?

### Shannyn Hunter NZNO Organiser

Kia ora Top of the South members.

I am delighted to have this opportunity to introduce myself as your new DHB, Private Hospital and Hospice Organiser for the Top of the South. You may already be familiar with me through my prior roles with NZNO as a Member Support Centre Call Advisor or as Regional Administrator.



I am originally from the Nelson region and returned home in 2017 after spending several years travelling and obtaining my degree. I have a passion for people and my background is in human rights and gender equality, having previously spent several years studying these topics at the University of Auckland, campaigning for equal rights and as a frontline contact with the Auckland Women's Centre whilst living there.

The last year has highlighted the importance of all staff in our medical communities and it is my goal to continue advocating for safe, fair and supportive workplaces.

I look forward to working alongside you all as Union.

### Joan Knight NZNO Regional Chair

Originally from Christchurch, I have lived in Nelson for over two thirds of my life so I have two homes.

I started my nursing career at the Nelson Hospital School of Nursing in July 1971 and graduated as a registered general and maternity nurse in 1975. Apart from a break of nearly four years when my son was young, I have worked continuously for NMDHB, currently in the ATR Unit Nelson Hospital.

I joined NZNO in the 1980's when business models for hospitals came into being. Like many members I attended collective bargaining meetings to vote and went out on strike standing with colleagues on Waimea Road seeking public support but really that was the extent of my involvement.

My rationale for becoming involved in NZNO was paying back for assistance I received during change process at work, once my eyes were opened to all the organisation had to offer. My continued involvement is based on paying forward for future members.



I have been NZNO workplace delegate for ATR Unit Nelson since 2005, a member of Top of the South NZNO Regional Council since 2007 and current Chair, NZNO Convenor at Nelson Hospital 2009 to 2016, member of the NZNO Board of Directors 2011 to 2013, and Top of the South Membership Committee representative 2013 to 2019.

Contributing to the formulation of "One member one vote" process and the structure diagram, with members of the Membership Committee, Te Poari, and our leadership, was particularly rewarding.

### Maria Briggs NZNO DHB National Delegate

Kia Ora

I joined the Diabetes Clinical Nurse Specialist Team in August 2020 from Ward 10/Surgical ward.

I have been an NZNO member since studying in 2015, representing NMIT nursing students on the National Student Unit and as a member of Te Runanga and it's national komiti Te Poari

In 2018 I became Ward 10 delegate and the National DHB delegate for NMDHB. I now represent Diabetes Nurses and am also on Top of the South Regional Council.



When asked why do you volunteer to support our union? My answer is "It is important that Nurses voices are heard!"

Prior to completing my Nursing Degree, I worked for over 20 years in our community, so bring a wealth of experience in Maori health and cultural competence.

Lastly, we are all frustrated awaiting MECA Negotiations however let's stand strong – "he waka eke noa" – we are all in this together!

## 2021 Meetings and Activities

Date 2021	Meeting type (T=Teleconference; F= face-to-face)	Purpose of meeting (RC, Mgt Team, IND etc)	Location	Duration (ie. 1 day, 1 hour)
11/03/21	<b>F + T</b>	<b>Forum NZNO 101</b> “Who are we..and what can we do for you?”	<b>Nelson Training Room</b>	2 hours
11/03/21	F +T	AGM and Regional Council Meeting	<b>Nelson Training Room</b>	2 hours
15/04/21	F + T	Regional Council Meeting	Nelson Training Room	2 hours
03/05/21	F	Annual Dinner Forum	<b>Honest Lawyer</b>	3 .5 hours
04/05/21	F or T	Regional Convention	<b>Beachside Convention Centre, Nelson</b>	7 hours
17/06/21	<b>F + T</b>	Forum TBC	Nelson Training Room	2 hours
24/06/21	<b>F + T</b>	Regional Council Meeting	Wairau <b>TBC</b>	2 hours
24/06/21	F	Forum TBC	Wairau <b>TBC</b>	2 hours
29/07/21	F + T	Regional Council Meeting	Nelson Training Room	2 hours
05/08/21	F + T	Remit Forum	Nelson Training Room	2 hours
09/09/21	F + T	Regional Council Meeting	Nelson Training Room	2 hours
XX/09/21	F/T	NZNO AGM	Wellington	
XX/09/21	F/T	NZNO Conference	Wellington	
25/09/21	F	Forum TBC	Wairau TBC	2 hours
14/10/21	F	Regional Council Planning Meeting	Havelock	3 hours
11/11/21	F/T	Forum	Nelson TBC	2 hours
02/12/21	F + T	Regional Council Meeting	Nelson Training Room	2 hours
02/12/21	F	Christmas Dinner	Nelson TBC	



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# NZNO 101

## Who are we?

## ...and what can we do for you?



When: Thursday 11<sup>th</sup> March 2021

Time: 5.30pm – 7.30pm

Venue: NZNO Training room

Ground Floor, Munro Building,

190 Bridge Street, Nelson, 7010

Zoom: Details provided on request

Cost: Free

RSVP: [Abby.willmott@nzno.org.nz](mailto:Abby.willmott@nzno.org.nz) by 1 March 2021



# TOP OF THE SOUTH ANNUAL DINNER FORUM INVITATION



Theme: “Nurses a Voice to Lead – A Vision for Future Healthcare”



**When:**

Monday, 3 May 2021

**Time:**

5.45pm – 9.00pm

**Venue:**

The Honest Lawyer

1 Point Road, Monaco, Nelson

<https://g.page/thehonestlawvernelson?share>

**Register:**

<https://forms.gle/8CVZsiJK3Tzmvmpa6>

**Further**

For more information please contact [Abby.willmott@nzno.org.nz](mailto:Abby.willmott@nzno.org.nz)

**Information:**

or Member Support line on 0800 28 38 48

TOPUTANGA

TAPUHI

KAITIAKI O AOTEAROA

NZNO members and non-members welcome.

This event is free apart from what you order.

Two hours professional development certificate.



<http://bit.ly/TOTS21>